



#### CURRICULUM

Real Talk: Money Financial fitness checku

How our history impacts how we manage money

Letter to money

Money Management. What kind of spender are you?

Budgeting plar Vision board

Saving and Investing. Saving vs. Investing

Saving and investing tools

Understand interest and return

Making Credit Pros and cons of using credit

Work for you. Calculating your debt limit and ratios

Understanding credit scoring and credit reports

Financial Record keeping. Role of insurance in Risk managemen

Financial Record Keeping

**Identity Theft** 

#### THREE AREAS OF IMPACT

## Financially Resilient Individuals:

- Have control over their day to day and month to month finances.
- Have the capacity to absorb financial shock.

# Financially Empowered Individuals:

- Have confidence in navigating financial products and services.
- On track to meet financial goals
- Have the freedom to make choices that allow them to enjoy life.

#### Successful Homeowners:

- Know their rights and responsibilities
- Buy what they can afford and maintain long-term saving
- Feel that homeownership was the right choice



### **RESERCH AREAS OF FOCUS**

One to Five Years After Graduation....

**CHANGES IN FINANCIAL BEHAVIORS?** 

INCREASED CONFIDENCE with finances & financial institutions, tools & professionals?

SENSE OF BEING IN CONTROL and greater financial independence?



### **USE OF A BUDGET** to monitor spending



TRACKING MY MONEY LETS ME SEE HOW IT GETS AWAY FROM ME, AND THAT WAS THE BIGGEST PIECE FOR ME, BECAUSE I AM AN IMPULSIVE SHOPPER.

## MAINTENANCE OF emergency funds





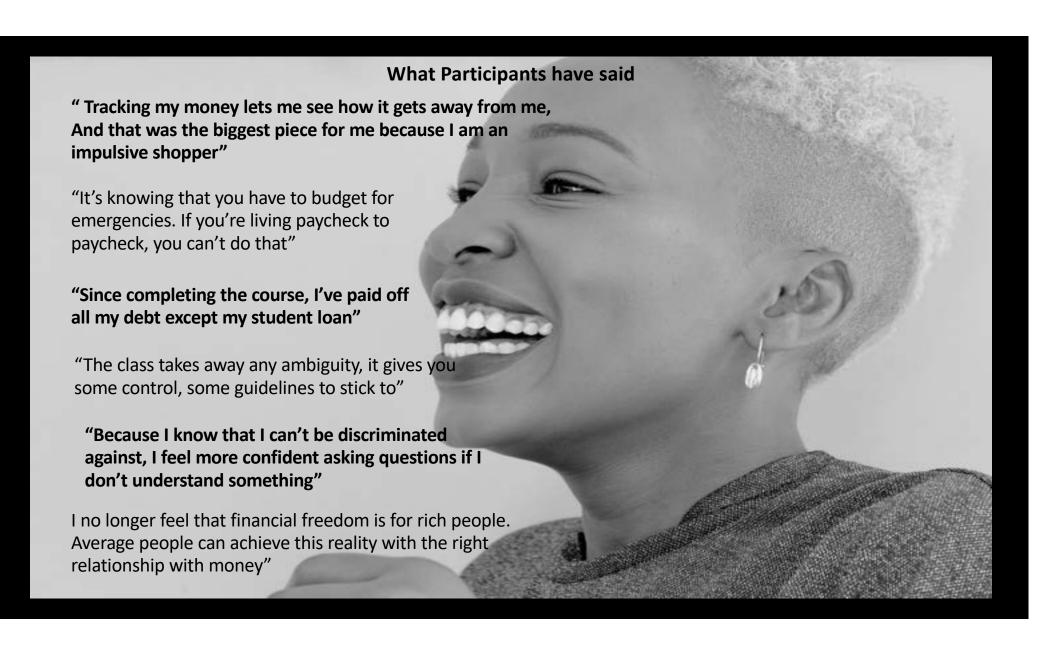
IT'S KNOWING THAT YOU HAVE TO BUDGET FOR EMERGENCIES. IF YOU'RE LIVING PAYCHECK TO PAYCHECK, YOU CAN'T DO THAT.

## **CONTRIBUTION TO** savings and/or investments



## PARTICIPANT STRESS regarding financial matters











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